

Importing tennis expertise to Albany

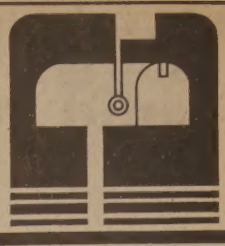
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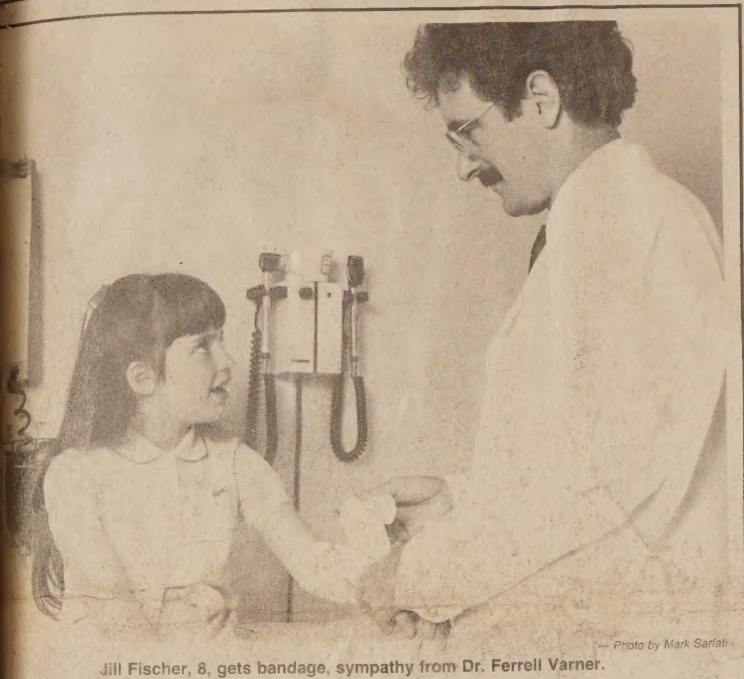
Albany schools budget: Awaiting word on bail-out money from Sacramento

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Jill Fischer, 8, gets bandage, sympathy from Dr. Ferrell Varner.

Herrick takes hospital out into the community

El Cerrito welcomes Urgent Care Center

By ROBERTA ALEXANDER

EL CERRITO — More than 600 local residents attended a community open house recently celebrating the opening of the Herrick Urgent Care Center.

The center provides medical care for family illnesses and injuries, the kind that require prompt medical attention but are not life-threatening.

The idea of taking the hospital out into the community is a new trend in health care, according to Rose Poirot, the hospital's public relations spokesperson. She said the center was intended for ailments like simple fractures or ear aches.

"Because we don't have emergency room equipment or technology, our costs are lower," she explained. "We don't intend to replace one's personal physician, but there are times when doctors aren't available."

The new center is located at 9949 San Pablo Ave., across from El Cerrito Plaza. Parking is available in the rear, and the building is wheel-

chair-accessible. The center is open Monday through Saturday, from 8 a.m. to 8 p.m., and Sunday from 10 a.m. to 4 p.m. No appointment is necessary.

A visit to the center will cost \$40. "That's about half of what it would cost you at the emergency room," Poirot said; "the emergency room bill is so high because it's an acute-care facility and the equipment and staff are expensive."

The center will be staffed by a physician and nurse practitioners, as well as laboratory facilities.

Chief physician is Dr. Ferrell C. Varner, who is also chief of emergency services for Herrick. Other physicians are Dr. Neil Zelin and Dr. William Gerber.

Head nurse is Dianne Mitchell. Other staff members include nurse practitioners Karen Hopkins, Larry Miller and Lynda Moore. Clinical clerks are Michele Coy, Becky Ivy and Amy Rothberg.

There are four examining rooms, a laboratory and a waiting room that also will be used for community education projects.

"There are 100,000 people in this area, from southern Richmond, through El Cerrito, Albany, Kensington and north Berkeley," Poirot noted. "There's no nearby hospital and a low number of physicians practicing in the area. We think it's an important service."



THE MAYORAL TOUCH — El Cerrito Mayor James Allen cuts the ribbon for the Herrick Urgent Care Center. Assisting are John Martin

(left), hospital administrator, and Dr. Ferrell Varner, medical director of the facility.

City OKs pension tax amid recall rumors

By STEPHEN BUEL

ALBANY — By unanimous vote, the City Council has reluctantly approved a one-year \$306,000 property tax for the city's indebted pension fund.

Amidst rumors of a new campaign to recall the five council members however, final action on the tax was postponed until next Tuesday night.

The council also slashed the city's clerical budget by about \$32,000, cut \$8,450 from the Police Department, and agreed to ask voters to raise \$67,000 in taxes at Golden Gate Fields, all as methods of offsetting the city's projected \$600,000 budget deficit for next year.

These harsh measures were passed Saturday at a special all-day work session on the 1982-83 budget. And, even with all of the unpopular taxing and cutting, the budgetary process was smoother than predicted because Albany probably will receive \$250,000 more state "bail-out" money

than was expected.

A final decision on the budget cannot be made until the city knows exactly how much money is coming from Sacramento. The council passed an emergency measure Monday night to let the city dip into the budget until a final one is passed next week.

The \$306,000 tax for the pension fund is somewhat similar to Measure A, the pension fund tax that voters rejected in April by almost a 2-1 margin. Several members of the council said that voters misunderstood the proposed tax, and believed

(Continued on Page 2)

Albany budget breakdown

Here are the major changes in the Albany City Council's tentative \$4.2 million budget:

- Pension fund property tax: would raise \$306,000.
- Tax on racetrack patrons, (must be approved by voters): would yield \$62,000.
- Fee to be imposed for ambulance services: would raise \$57,000.
- Clerical budget reduced by 20 percent: \$32,000 savings.
- Police department: \$21,000 cut.
- Fire Department: \$15,000 eliminated.

- Albany Clean-up week eliminated: \$8,000 savings.
- Recreation/maintenance program halved: \$7,250 reduction.
- Mayor and Council's budget: \$2,000 cut.
- Administration budget: \$2,500 reduction.
- Insurance premiums: \$14,000 savings.
- Albany Preschool subsidy: \$1,675 cut.
- Trial reduction in fighting along Solano and Buchanan: savings unknown.
- Memorial Park attendants: \$5,000 added.



— Photo by Joanie Redington

Rosie's last job

The SS Jeremiah O'Brien, the last operational Liberty ship from World War II, sits at Pier 3 at Fort Mason in San Francisco. Some of the women who helped build the Liberty ships — women who were called "Rosie the Riveter" — gathered on the ship recently to reminisce about their role in the war effort. Story, Page 3.

Open forum

Do you have job burnout?

(The Open Forum accepts tasteful, well thought-out essays on topics of general interest. Send typed, double-spaced submissions of no more than 750 words — three pages — to Times Journal, 1247 Solano Ave., Albany 94706. This week's column is by Abbas Khajeeian, Ph.D., an Albany therapist who specializes in job burnout and academic counseling.)

By ABBAS KHAJEEIAN

Do you feel that your job is boring, or that your job is eight hours of stress-provoking experience? Do you think your job is causing your backaches and headaches? Do you sometimes want to walk off your job and never return? Are you emotionally and physically exhausted by your job? Is your job ruining your family life and your personal relations?

If you answered yes to any of these questions, you might be one of the millions of Americans who are suffer-

ing from Job Burnout.

Nationwide, we are facing a job burnout epidemic. An alarming number of us are suffering from constant nervous tension, deep psychological strain, and unyielding sources of stress in our jobs. The present inflationary, economic problems and the general political climate of the country point to even greater job-related stresses. In the face of this unhealthy situation, the total responsibility left to the individual. With a lack of needed social support you are the only one to take care of yourself and prevent burnout.

What is job burnout? It is a state of unrelieved job-related stresses which can lead to total physical and psychological collapse. If job burnout continues without relief, it can leave individuals devastated.

How can you protect yourself? First, you need to be alert to the possibility of burnout. Second, you need to be aware of the symptoms and causes. Third, you can develop

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Albany OKs pension tax amid rumors of recall

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they were rejecting voluntary increases to the city's pension fund benefits.

Though they were critical of the way Proposition 13 imposes a tax burden upon people who have not owned their homes for a long time, council members and the administrative officer said the new tax is necessary, and more equitable than the one so strongly rejected two months ago.

"The citizens will not pay as much tax as they have in the past," said Administrative Officer William Haden. "As evidenced in these hearings, the citizens do not want to pay more taxes. But we are at the end of our rope."

The pension tax would not have been possible before a recent decision by the state Supreme Court allowing city councils to circumvent Proposition 13 and raise property taxes in order to comply with their legal obligations to pensioners.

Under the council's interpretation of the recent Supreme Court ruling, Albany is obligated to pay for the

entire deficit in the pension fund. Other East Bay cities have recently passed similar tax increases.

Albany had only three options, according to Haden: to approve the tax, to lay off about 10 employees in the Police and Fire departments, or ignore the deficit in the pension fund altogether.

Haden said it would be irresponsible for the council to ignore the deficit, because all of the money depleted from the fund eventually would have to be replaced at an even greater cost.

Many Albany residents have criticized the city's pension system for being too generous to pensioners. Some members of the council share that sentiment. But because the benefits paid to pensioners are contractual, they cannot be changed unless the changes are agreed to by both parties.

"I do think the system — as it is now — is paying a great deal of money to just a few people," council member Henry Kruse said Saturday, before voting for the tax. "But I don't see any way out of it."

Council member Anne Rotramel

initially was opposed to the tax increase, and preferred lay-offs, because she wanted the city's pensioners to be forced to accept reductions in their benefits.

"That may be a hard way to get to the bargaining table, but it may be the only way," said Rotramel before she too voted for the tax. "If we go ahead and levy the tax there isn't any incentive to negotiate."

"Somehow we've got to disassociate the old-time pension problem from the current labor problem, and I don't know how we do it," she said. "We're going to be in for a tremendous political upheaval if we pass this tax."

Council member William Johns argued strongly against using lay-offs as a bargaining tool. Because the tax increase is only for one year, he said, it will put pensioners on notice that they will have to negotiate.

Johns said pensioners will want to negotiate with the city when their benefits don't increase. Under the current system, pensioners receive cost of living increases only when employees receive similar increases — something not likely for quite a while.

Open forum

Preventing job burnout

(Continued from Page 1)

the skills for safeguarding against the progression of job burnout.

To begin with, keep a few facts in mind. The first is that no one is immune. If you work, you can get it. If you do not take care of yourself, you can develop burnout whether you are young or old, male or female, involved in a simple task or working in a complex organization.

The second fact is that you are constantly changing. Job burnout can be considered a signal of a need for growth: your need to move beyond the present stage of your life. Job burnout is also a sign of resistance to change. Caught between these two opposite poles — the need for change and the inability to change — even the simplest job irritation can become a severe stress-provoking force, leading to the development of other burnout symptoms.

Another important fact to remember is that your job is also capable of change. A working place, no matter how small, is a "living" entity by itself. The changes taking place in your job can enhance as well as suppress your personal growth. Therefore, job burnout can be a sign of conflict between changes or the lack of them in your working place and your present need for growth or stability.

The fourth, and perhaps the most important fact, is that job burnout is socially caused but individually felt. Therefore, you should not feel guilty or that you are somehow failing. So many people are developing job burnout that the phenomenon clearly points to a social problem rather than a personal inability or sickness. However, the impact of job burnout, in an immediate sense, is indeed personal. You are suffering now. Eventually, this issue must be resolved socially, but, at the present, you can do a lot to help yourself.

You can reduce the stresses caused by your job. To do so, you must determine the severity of the problem. What is your "degree of burn?" Three general stages can be identified. Remember that these are overlapping, as individuals react differently to the stresses of their jobs.

Stage one is first-degree burn — simple frustration and tension. The individual might be facing an insensitive manager, co-workers or clients. Working relationships can undermine the needs and dignity of the individual, as in the case of Ron, a drug store clerk, who was burned by the store manager's inverse compliments.

"For a kid you are doing fine, Ron," the manager used to tell him. Ron's job became a degrading process. Every working day he was reduced from a hard working and dignified individual to a "fine kid." He became tense and frustrated; he became a first-degree case.

Quitting was an easy answer for Ron. He did not consider losing his job that important. However, many professional people have invested many years of their lives in a career and don't easily find solutions for work related tension and frustration. As the tension and frustration of everyday work are dismissed or ignored, the individual begins to develop second-degree burn.

This is the stage of chronic physical and psychological problems. For Sharon, a bank executive, many years of hard work and dedication were accompanied by discrimination and undignifying working relations. In the beginning, she dismissed her frustration by saying, "It's because I am new around here." But as time passed, the pattern of discrimination became clearer. She found no solution. She also was unable to see herself capable of making or finding a solution in any other job, and began to feel trapped and resentful. She lost interest in her job. Problems at work lost their challenge and became sources of new frustration and tension. She became bored and her efficiency dropped. This development created new conflicts between Sharon and the management, threatening her job security. Caught between boredom, fear and anger, she began to lose sleep. Her occasional headaches and backaches became a frequent occurrence. Constant pain made her less able to give attention to her child, and she began to see her male friend as her adversary, which created more stress.

For Sharon, as for many professional people, the tension and frustration of first-degree burnout developed into second-degree burnout. She developed chronic psychological problems which inevitably resulted in problems outside of her job. At this point, she needs professional help.

Many job burnout victims are unable to deal with their problems or are not fully aware that the problem and go on to develop third-degree burnout and psychological collapse.

Arnold, a university professor, is a good example of someone who was dedicated to his profession and students. He wanted to provide the kind of quality education that students needed. However, Arnold found himself with an uncompromising administration. He single-handedly, to challenge the administrative governing the campus. After several years of constant battle, he came totally frustrated, disappointed, demoralized, physically and emotionally exhausted by the demands and the state of education in general. He developed becoming physically and emotionally worn out into emotional outbursts over any issue. Arnold's days and nights. Arnold often got sick, and his backaches became a regular part of his life. His personal relationships gradually deteriorated and brought his anger home to his wife and teenage



Unable to deal with mounting emotional stress, Arnold increasingly isolated himself. He avoided all social gatherings, withdrawing to the less crowded of his study. He blamed his students and colleagues for his inability to change the university. He became fatal about life, dreading all contacts which might lead to even the slightest stress. Arnold collapsed. He quit his job. He got out of the job and ceased nearly all personal contact.

Arnold's experience may seem a bit extreme. Fortunately, it's becoming increasingly frequent. Common belief, it is seldom the less able, less professional worker who experiences job burnout. More often it's the most creative, most dedicated, hardest worker who burn out. As the term implies, in order to "burn" you have to have once been "on fire." Those who get "fired up" over their work are much less likely to experience burnout. Tragically, the most dedicated workers often the most severe burnout victims.

Take a closer look at those "Monday Blues." help yourself by more closely examining the tension and frustration in your job. Take steps to deal with the problems. If you are unsuccessful, you could be moving toward a second-degree burn.

One of the worst things you can do if you are experiencing burnout is to remain silent. Remember, burnout is not your fault. Get your feelings out. Talk things over with those around you — co-workers and especially your friends and family. You will be surprised at the support you find.

Briefs

Pre-school seeks kids

ALBANY — Albany Cooperative Pre-school on Masonic Avenue will be offering two sessions in the fall of 1982.

The morning will be for 3 and 4 year olds with a limited number of 4's. The afternoon will be a pre-kindergarten program for 4 year olds.

The pre-school is looking for a director for the afternoon program. The afternoon director, in addition to supervising and organizing arts and crafts, science, cooking and game activities, will also work specifically in developing reading readiness and pre-math activities for the children.

For further information call Maureen Beck, 524-7822, at the Albany Preschool in the morning or Reza D'Jahan-souzshahi, 7:30 to 9 p.m. at 235-1414.

Referral aid for women

Women's Referral Service, Inc. is a free community telephone service providing the names of qualified women professionals in San Francisco and the Bay Area.

Businesses available for free referral include research companies, printers, dentists, insurance services, estate planners, repairs, physicians, marriage counselors, and many more.

Information or free referrals may be obtained by calling 221-1751, Monday through Friday, 9 a.m. to 5 p.m.

It's a busy summer for E.C. Recreation

EL CERRITO — The El Cerrito Parks and Recreation Division is now offering summer recreation classes for children.

Classes held on Mondays include ceramics, 6:30-8:30 and tap dance, 1:30-2 or 2-2:30.

Tuesday classes: cartooning, 3:30-5, kids' corner, 9:30-11, ceramics, 1-2:30, 2:45-4:15, little people tumbling, 3-3:30 or 3:30-4 and juggling 9-9:45.

Wednesday classes: acrobatics, 2:30-3:30 or 3:45-4:45, calligraphy 10:30-12, and children's crafts 1:30-3.

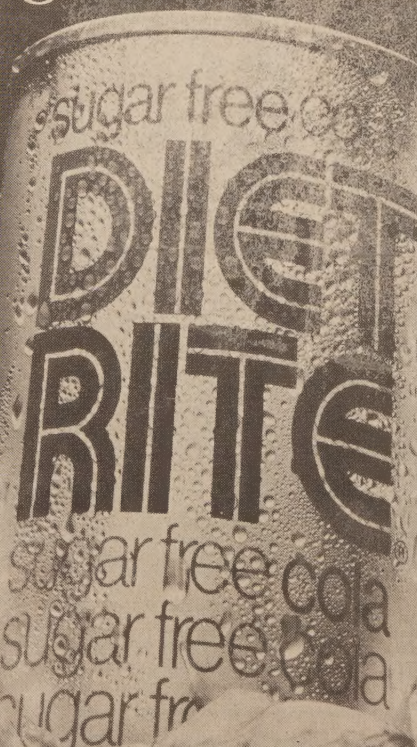
Thursday classes: babysitting, 3:30-4:30, little people tumbling, 2:30-3:30 or 3:30-4, kitchen capers, 9:30-11, tumbling 2:45-3:15, 3:15-4 or 4-4:45 and preschool movement 5:15-6.

Friday classes: ballet 2-3, 3-4 p.m.

Saturday classes: drama, 9-10:30 or 10:30-1:45, exceptional children 10:45-11:45, and kitchen capers 9:30-11.

For further information on registration fees and class starting dates contact the El Cerrito Community Center at 525-6748.

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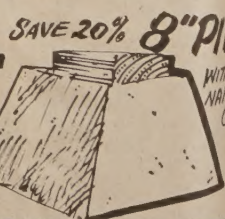
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osie the Riveter — builder of Liberty ships

men war workers
her for a reunion

By PENELOPE KRAMER

When World War II broke out and men went to the front, women left their homes and found jobs to build the "Liberty Ships" which were to win the war.

As strains of "Take the A Train" and "In the Mood" floated over San Francisco Bay, 50 former "Riveters" who had been drafters, welders and shipbuilders gathered on the last operational day of the SS Jeremiah O'Brien, to reminisce about the shipyard days.

When the party was over, Irene Petrel, who had called the shipyard a home, said the war years were "the first time in the history of the United States that women did the heavy work."

She said, "It made them feel very proud — and it made them feel like they were part of something."

She said, "I was a junior at UC-Berkeley when Pearl Harbor was attacked. To earn money to go to school, I dropped out of school and went to work at the shipyard, where her father also worked."

She was hired as a draftsman by the Shell Development Co. in Emeryville. Asked why she left the shipyard, she said "of course, when the soldiers came home, she said 'of course'."

She said, "I didn't have a family to support, and I didn't have a home."

She kept working until 1961, when she got married and quit her job.

At the time, her family's friends said, "Oh, now, Mrs. Petrel, you are somebody."

"But I was somebody before," she said. "I had worked my way through college. I had gone halfway around the world myself. I felt that I was a person, and then suddenly I became a stereotypical role."

She was divorced eight years later.

Since then she has worked as a freelance drafter, bought and remodeled homes, designed and supervised construction of houses, and designed her own Finnish sauna and solar heating system. She has also become very active in community work, including the anti-nuclear movement.

Petrel said that working in the shipyards changed her life by giving her "encouragement to go on and ask for any job I wanted."

She said the war years had the same effect on many women, and recalled a film in which a former WAFT described the joy of flying during the war.

"You could see the satisfaction in her eyes," Petrel said with a catch in her voice.

"Women didn't get the chance to be really full human beings until they were given significant work to do!" she said.

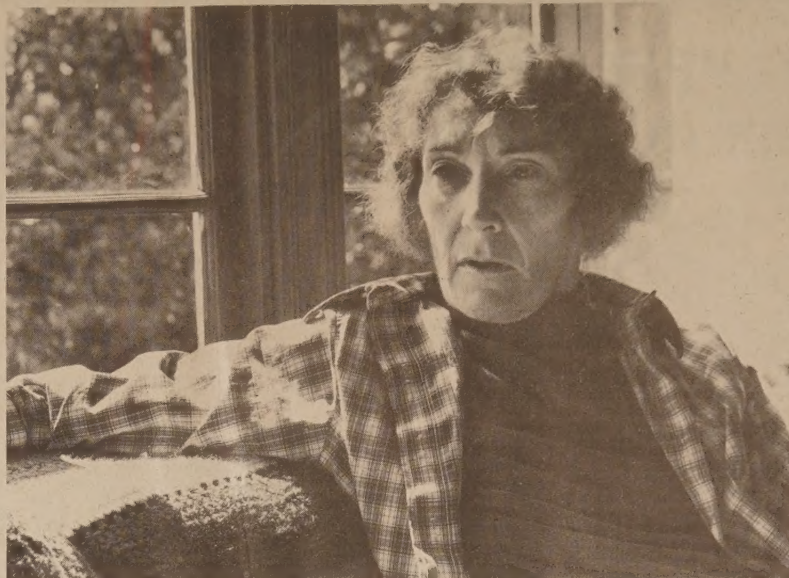
Virginia Miltenberger, who lives in the Thousand Oaks district of north Berkeley, agreed.

At the age of 18, she moved to Los Angeles from Oklahoma and took a job repairing ships because the work paid well. But the job had an unexpected benefit.

"I loved it," she said. "I was able to do it, I did it well, and it gave me confidence that I could do whatever I wanted to."

When she was hired, her employer said she couldn't go into the yard with the 99 male workers, but a union representative marched her into the boss's office, sat her down and said "she sits here on repair yard pay until you put her to work."

Three hours later she was ushered out of the office and given a job in the yard — swinging a sledge hammer.



Virginia Miltenberger: "It gave me confidence"

— Times Journal photo by Chris Gilbert



— Times Journal photo by Chris Gilbert
Albany's Irene Petrel

easy.

"At first the crew resented having a woman," she said. "They would do nasty little things like putting condoms in my lunch pail. But as soon as they saw I wasn't shocked they made friends."

Some of the work was dangerous. Much of the time, she and a co-worker were crowded into the tiny "double bottom" of a ship, drilling holes while dangerous fumes swirled around them. But Miltenberger was glad to do it.

"I felt I was doing something productive and different," she said, "and it was exciting."

Miltenberger was already something of an adventurer before the war. Her mother had died when she was eight, and her father, who worked as a traveling salesman during the depression, was never home.

Though their father brought what money he could back to her older sister and her in Oklahoma City, ("He was a very attentive, good father, making sure we were in school and making A's," she said. "He did the best he could."), they were left to shift for themselves, staying

(Continued on Page 8)

Rent control for Solano?

THOUSAND OAKS — The Solano Avenue Association, an organization of neighborhood business people, will consider the issue of commercial rent control at its July 14 meeting.

According to association president Joe Pena, the subject was placed on the group's agenda following a discussion on the closing of Thousand Oaks Hardware Store. The 32-year-old business closes at the end of June, a victim of increasing costs.

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Sports

Jose Morales: upgrading the tennis scene in Albany

By KEITH EASTHOUSE

ALBANY — For those who have wanted lessons from a certified tennis pro but could never afford the price, Jose Morales of the Albany Parks and Recreation Department is a dream come true.

Born and raised in Lima, Peru, Morales has been running the tennis program for adults and juniors at Memorial Park, next to Albany High School, since March. His qualifications? Merely the top classification for tennis teachers — called "Professional-One" — within the United States Professional Tennis Association.

According to Bud Rooney, director of the Park and Recreation Department, it is very unusual to have a teacher of Morales' caliber at the municipal level. "When we

found out we could get someone of Jose's ability to teach our program, we jumped at the chance," Rooney said. "We're very happy."

Under Morales, the tennis program has expanded from three months in the summer to a full six months, lasting from the beginning of spring to the end of October. In addition, a greater number of tournaments are being held.

Lessons are offered for players of all levels, from rank beginners to advanced. Classes meet one hour twice-a-week for five weeks.

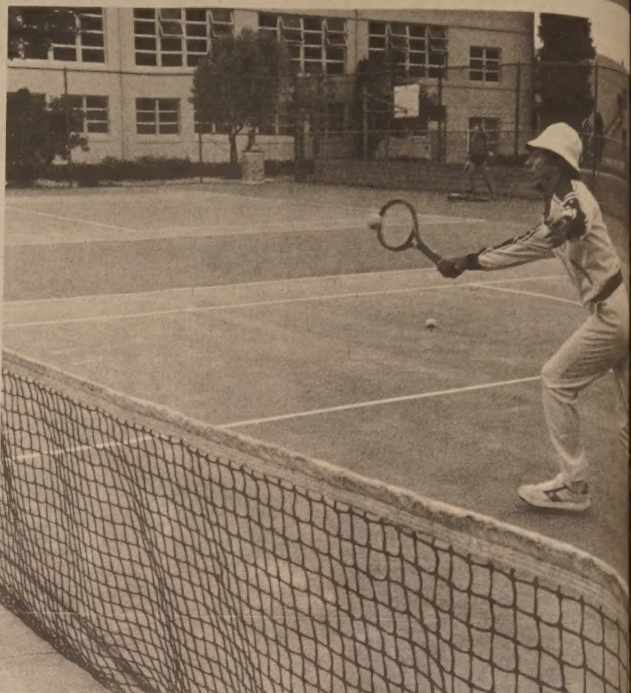
A maximum of eight people are permitted in each class and the price for 10 hours of instruction is \$34 for adults and \$30 for children.

A quick check of local tennis clubs revealed this price to be a good bargain. At Golden Gate Fields Tennis Club in Albany, for example, the price for five 40-minute lessons for three people is \$35 or \$7 per lesson.

And at the Berkeley Tennis Club, a private session with a pro costs \$25, where Morales charges \$20.

Morales' teaching philosophy is to stress the basics no matter what the player's ability.

"I concentrate on the different strokes," Morales said as he sat in the Memorial Park Clubhouse. "Forehand, backhand, volley, serve and overhead. If you don't have the basics, you can't apply the various strategies and tactics which lead to successful tennis. This is the second thing I emphasize in my teaching, especially to the more advanced players."



Jose Morales: at home on the court

While Morales enjoys instructing all types of players, he gets the most satisfaction from working with those who have the talent to do well in tournaments.

His most notable success has been with 25-year-old Cynthia Norman of El Cerrito. In seven years Morales helped transform Norman from a talented teenager to the second-ranked women's singles player as rated by the Northern California Tennis Association.

Today, Norman credits most of her success to Morales: "I was a nothing player when Jose got a hold of me," she says. "Who's to say where I'd be right now if it hadn't been for him?"

"He's a very patient and knowledgeable teacher with a good eye for defects in your stroke and strategy."

One of Morales' own teachers, and his role model, is Dennis Vandermeer, who has taught Billie Jean King and Margaret Court.

"I try to blend what the various teachers taught me," Morales explained. "I emphasize about the connection between tennis and life. A good athlete has to lead a sacrificial life as well on the court."

Morales had a word of warning for those who get rid of. Most people when they start to hit the ball as hard as they can. Actually, your strokes with control — the power comes from the control.

Currently, an amateur mixed-doubles tournament is sponsored by Lipton Tea Company in Albany courts.

Anyone interested in taking lessons should phone the Albany Parks and Recreation Department at 644-8514.

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Obituaries

Irene Crouse

ALBANY — Memorial services were held recently for former Albany resident Irene Ivella Foster Crouse.

A native of Woburn, Mass., Mrs. Crouse died June 18 at her St. Helena home after a long illness. She was 86.

Mrs. Crouse was active in both Brownie and Girl Scouting. She moved to St. Helena in 1954 when her husband retired.

She is survived by her husband, Randolph, and by a daughter, Betty, of Oakland.

Edith Fenell

EL CERRITO — Services for former 25-year local resident Edith Fenell were held this week at Wilson & Kratzer Mortuaries.

A native of Wilkes Barre, Pa., Mrs. Fenell died June 23 at her home in Davis, where she had lived since 1977. She was 86.

Mrs. Fenell came west from North Dakota in a covered wagon at age 6. She was a member of the Lutheran church.

She is survived by three daughters, Bertha Colson, of Richmond, Loretta Hudak, of Littleton, Colo., and Eleanor Roth, of Lead, S.D.; 13 grandchildren and 18 great-grandchildren.

Burial will be at Cypress Lawn Cemetery in Menlo Park.

George Bernard

ALBANY — Funeral services were held this week in Colfax, Calif., for

George Bernard, long-time resident who moved here years ago.

Mr. Bernard died June 21.

A native of Colfax, he was born in 1907, he was married and had one son, Bernard.

He was a member of the Colfax Community Club and was active in the Colfax community.

A memorial service will be held in Colfax at the Colfax Community Club.

He is survived by his daughter, Edith Fenell, and his son, Edith Fenell.

Funeral services will be held at the Colfax Community Club.

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Mrs. Fenell came west from North Dakota in a covered wagon at age 6. She was a member of the Lutheran church.

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George Bernard

ALBANY — Funeral services were held this week in Colfax, Calif., for

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Susan Hagar, M.A., Associate Director

Mail bag

The canal is dead, live conservation

California water establishment is disappointed dismayed. The Peripheral Canal — the apple of the eye — has been rejected, nay, trounced by the state. This view of this defeat threatens to end water development in the state.

The truth of the matter is that defeat of the Canal is off one costly and destructive approach to development. By closing off this avenue, it has also opened the way for a new, more cost effective approach to the creation of massive new supplies of water conservation and improved resource management.

Unfortunately, we don't have to wait long to begin this approach. A major step in this direction can be taken when Californians will have an opportunity to vote on the Water Resources Conservation Act.

The goal of the act is to meet competing urban, agricultural and recreational needs and avoid future shortages through efficient management of existing water resources.

The act has four major provisions. First, it requires development and implemented groundwater management projects to replenish groundwater supplies in 11 critical overdrafted basins.

Second, the measure requires that water conservation be developed and implemented before a water supply is developed more costly new water supplies.

Third, the State Water Resources Control Board is authorized to require that enough water be left in streams and lakes for protection of fish and wildlife. The measure finally resolves the longstanding controversy over filling of the new Melones Reservoir by offering a plan that provides for irrigation, flood control, and water conservation while preserving the historic and natural beauty of the Stanislaus River canyon.

Fourth, the Water Resources Conservation Act could be the basis of a bright new future in water management for the state. The act can be the basis for finally achieving a consensus on water policy uniting north and south, urban and rural users. It deserves our support.

Sincerely yours,
Helen Burke, Director
East Bay Municipal Utility District
Ward 4 (including Berkeley, Albany, El Cerrito and Kensington)

the future challenge

ations in Europe are going down because they are at war inside themselves. The people just couldn't get together, refused to face facts, even when the storm men fought to get more for themselves. Nationalism, indifference, laziness, extravagance, materialism are the Fifth Column.

It's a daily battle. It takes courage and imagination. We got to be tough inside. You have got to think and live clean." These are the words of General Grant, who commands to all of us to give America what

There is no question about the seriousness of present times. There is no doubt that we are "in for it." But no reason either, for fear, hysteria or quitting. Much to do. There is hard work to be done. There is change from the future in everything confronting us. We will face facts calmly, if we will recognize the transition around us that's bound to change the old order of things, if we will put our heads and our hearts into the job to do, we will get it done.

A good idea for all of us, now and then, to hang a mark on things we have long taken for granted. When we realize "times and things have changed" only for the better. This is no Pollyanna philosophy.

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This is not wishful thinking. This concerns the very laws of life. This is the thing which makes for progress and advancement.

Things have never been so black that they didn't get light again. Nothing terrible has ever happened that some good didn't come out of it. Think it over. Analyze it. Then apply it to your own business and watch the challenge of the future stimulate you to new avenues of success.

Mildred L.C. Clark
Albany

Journalistic irresponsibility?

I have been a resident of Albany for eight years, and during this time I have enjoyed reading the Times Journal. In fact, I enjoy reading newspapers and do so daily. Never have I been motivated to write a letter to an editor nor a letter of protest concerning journalistic responsibility. However, after reading the Sunday, May 23, 1982 edition, I am compelled to write in protest of the potential damage done to the reputation of Albany Police Officer Warren Buzzard by your article "City seeks..."

I am cognizant that newspapers enjoy freedom of expression. I am equally cognizant that courts try allegations, not the newspapers. As an editor you must be aware of the grave responsibility of printing news without seeming to be one-sided. When charges are printed that have yet to be tried by the courts, it would seem to be imperative that, if the newspaper elaborates on one party's allegations, that the other party's response be clearly stated. Otherwise, the reader's perception is slanted. The scenario has been reported in a lopsided manner and grave potential damage of a professional and personal nature could and probably would be done to the party whose response was not clearly stated. And, this is exactly what I feel happened in the above mentioned article. To be completely honest, I am outraged and insulted by the reporting of Stephen Buel and further amazed that the article would be printed in your paper in the manner it was.

A serious incident happened between an off duty policeman and a civilian in Oakland last summer. Perhaps

(Continued on Page 12)



— Photo by Lewis Stewart

Artist at work

Brush and oils at hand, artist George King works to complete a trilogy of paintings in his studio for the second annual art show and sale in Port Costa. King, who formerly worked at Albany Antiques, is one of 50 Bay Area artists whose work will be on display Sunday, July 4 from 10 a.m. to 6 p.m. The six-piece Golden State Jazz Band will play through the afternoon. Concessions will include fried chicken, corn on the cob, watermelon and draft beer. For information, call 787-1474 or 787-2254.

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Briefs

Learning to manage your own arthritis

Arthritis self-management courses sponsored by the Arthritis Foundation will begin in July. One class will be held at Albany Senior Center, 846 Elm Ave., Albany (644-8500) from Wednesday, July 14, 10 a.m. to 2-4 p.m. Instructor is Hilari Hauptman, MSW. Topics to be covered include exercise, nutrition, medical resources, joint protection, doctor-patient relations and relaxation.

YMCA plans teen leadership training

ALBANY — The Berkeley-Albany YMCA is introducing a new leadership training experience for 14-16 year olds this summer entitled the Leadership Development Institute (LDI).

Dates are: July 11-31 (a resident camp training experience at Camp Gualala); Aug. 2-20 and Aug. 23-Sept. 3 (day camp).

LDI is intended for teenagers with exceptional leadership potential. Trainees will spend part of their time in theory sessions with other participants.

Part of their time will also be spent as an assistant leader in a cabin at the Berkeley-Albany YMCA's Camp

Gualala, or as an assistant leader in the Y's day camp program.

Participants will also enjoy camp facilities, as well as plan a special campout.

Applicants must have references from a YMCA director, religious leader, school official or youth group leader. Upon graduation, the youth will receive a certificate as well as a letter of reference.

Each session has a limited enrollment of 12 participants.

For more information call 525-1130.

Computer class for kids

ALBANY — The Albany YMCA's summer computer school has openings in the second session, July 19-Aug. 5, from 10 a.m. to noon.

The program is offered in cooperation with the Albany Unified School District. Each class of 20 school-age children will receive instruction in BASIC computer language.

Twenty Commodore PET Computers are being provided by the school district. Classes will be held at Albany Middle School.

The cost is \$90. For more information, call 525-1130.

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Senior centers

ALBANY

The center is at 846 Masonic Ave., 644-8500. Hours: Monday-Friday, 9 a.m.-5 p.m.; Saturday, 10 a.m.-4 p.m. and Sunday, noon-4 p.m.

Special events

New taxi van scrip available for 1982-83. Call the center for details.

Arthritis self-management: how to prevent injury to joints, information on exercise, nutrition, relaxation. Instructor: Hilari Hauptman. Sponsored by Arthritis Foundation. Wednesdays, July 14-Aug. 25, 10 a.m.

Would you like to walk, but don't want to walk alone? Join the group on Monday and/or Thursday at 10 a.m.

Podiatry screening, foot exams and consultation (no treatment), Wednesday, June 30, 8:45 a.m. Free.

Membership meeting, Thursday, July 1, 12:30 p.m.

Needlepoint techniques seminar. Learn about new materials and ideas. Fee for materials, \$1. Tuesday, July 6, 10 a.m.

Dramatic reading by Carol Feinstein from her book "California: A Woman's Place." Selections from journals, diaries and letters of women in the 1800s. Thursday, July 15, 1 p.m.

Acupressure massage available by appointment Monday and Tuesday mornings at special senior rates: \$10 for one hour, \$6 for one-half hour.

Renter/homeowner assistance in completing forms every Monday and Thursday, 1 p.m.

Transportation

Call at least one day in advance for reservations for senior van shopping trips. Wednesday mornings: El Cerrito Plaza. Friday mornings: Solano Avenue. Requested donation, 50 cents per round trip. Albany residents only.

New taxi scrip available to Albany residents. Persons in wheelchairs may purchase special transportation vouchers.

Classes & groups

Monday: group walking, 10 to 11 a.m.

Tuesday: folk & square dancing basics, all levels 1 p.m.; English as a Second Language, 1 p.m.

Wednesday: Arthritis self-management starts July 14 for 7 weeks, 10 a.m.

Thursday: group walking, 10-11 a.m.

Friday: chess group, 10 a.m.; community service, 10 a.m.

Social Security

Field representative at the center the first and third Friday of the month at 3 p.m. to answer questions about Social Security, SSI and Medicare.

Continuing events

Barber service, Thursday, 9 a.m. to noon. Donation requested.

Bingo, Thursday and Saturday, 10:30 a.m.; Sing-along, Thursday, 11:30 a.m.; Bridge, Friday, 12:15 p.m.

Cards and conversation, Thursday, noon-5 p.m.; Saturday, noon-4 p.m.; Sunday, noon-4 p.m.

Chess group, Friday at 10 a.m.

Senior prom ballroom dance, Saturdays from 7:30 to 11 p.m. Donation, \$1.50 (includes refreshments).

Meals on Wheels

Home delivered meals are available for Albany residents. The food is prepared at Alta Bates Albany Hospital and is delivered at midday by a volunteer driver. Regular, low-salt and diabetic meals are available.

To order, please call the center at 644-8500 one week in advance. Coordinator Velma Grasso will make all arrangements.

Bus tours

Trips are sponsored by Albany Park and Recreation Dept. July 7, Albany Day at Alameda County Fair, Pleasanton, \$40. July 12, 13, Reno overnighter, \$35.50 per person, double occupancy or \$47.50 single. July 21 and 22, repeat of Reno trip. July 28, train ride, Santa Cruz to Roaring Camp, \$26 per person. Aug. 11, South Bay tour, Sunset Magazine and NASA, \$10.50. Aug. 23, Lake Tahoe cruise, \$26.50. All trips depart Memorial Park.

EL CERRITO

Menus
The nutrition site meal is served at 4 p.m. Advance reservations are required. The suggested minimum donation is \$.75 for seniors, \$.35 for persons under age 60. Monthly menus are available.

Open House

Located at 6500 Stockton Ave., behind the library; 526-0124. Drop in lounge open weekdays from 9 a.m.-2 p.m. Lunch daily at noon.

Center closed July 5.

Classes
Monday: Exercise, 9 a.m.; our changing earth, California earthquake country, 9:30 a.m.; Tai Chi, 10 a.m.; bridge, 1 p.m.; basic painting and drawing, 1 p.m.; fun night (second Monday of every month), 6-9 p.m.

Tuesday: fitness, 9:30 and 10:15 a.m.; creative dance, 1 p.m.

Wednesday: piano musicianship, 9 a.m.; mild exercise, 9:30 a.m.; our changing earth, 9:30 a.m.; needlework, 10:30 a.m.; knitting, 12:30 p.m.; whist, 1 p.m.

Thursday: fitness, 9:30 and 10:15 a.m.; information & referral, 10 a.m. (first and third Thursdays)

Friday: fitness, 9:30 a.m.; barber, 9 to noon; bingo, 1 p.m.; birthday surprise, fourth Friday, 12:30 p.m.

Special events
Family survival project, July 1, 2 p.m.

Social security, July 16, 12:15-1:15 p.m.

Consultations on veterans benefits, July 20, 9 a.m. to noon.

Public health nurse, July 28, noon.

Christ Lutheran
Mondays, 9 a.m.-2 p.m. at 780 Ashbury Ave. at Stockton.

Craft classes (pressed flower stationery, macrame, jewelry, weaving) are taught in the morning. \$50 lunch at noon. Afternoon program of information, speakers, community singing, sit-down exercises and folk dancing.

The program is co-sponsored by the Richmond Unified School Adult Education program.

St. John's Center
For El Cerrito residents 60 or over. Meets in the Catacombs Building, 6510 Gladys St., Tuesdays from 9 a.m.-2 p.m. Phone Tuesday only, 234-2797 or center director N.

GANS AT 529-1114.

The Center is part of the Richmond Unified School Adult Education program, and trained volunteers offer morning classes in ceramics, jewelry, tin and glass, macrame, knitting and crocheting, watercolor painting, weaving, cards and table decorations.

Community Center

Monday, 6-9 p.m. at El Cerrito Community Center, 7007 Mooser Lane. Program: first week, business and bingo; second week, cards and games; third week, potluck; fourth week, cards and games. If there is a fifth week, special programs.

For information call 525-6747.

Senior Citizens Club

Meets Thursday, 5-9 p.m. at St. John's Catacombs Hall, Gladys and Lexington Streets.

First Thursday of the month: business and cards; second, bingo; third, birthday observances; fourth, potluck and cards; fifth, special programs. For information: 526-7462.

Sakura-Kai Center

For Japanese-speaking senior citizens, first and third Saturdays, 1-3 p.m. at 6510 Stockton St. Arts, crafts, exercises, ceramics, "Shigin" (poetry singing) and Social Security available. For information: William Waki, 525-7086.

KENSINGTON

Activity center, Thursday, 9 a.m.-2:30 p.m. at 52 Arlington Ave. Morning meditation. Workshops in crafts, table games and bridge. Special programs after lunch: singing, bridge, clothing alteration class.

First Thursday, potluck lunch. Donate a food item or pay \$1.50. For the rest of the month, lunch of sandwich, cake and coffee is \$.75.

EAST BAY

North Berkeley Center

1901 Hearst St., Berkeley, 644-6107. Open weekdays, 8 a.m. to 4:30 p.m., gift shop opens at 10.

Classes in sewing, arthritis exercise, walking, singing, foreign languages, math, chess, senior theater, dancing and current events.

Rosie the River has a war reunion

(Continued from Page 3)

with various relatives or where ever they place.

When she was 12, her sister, another girl, given a free room in a store which was a candle day and a seance parlor by night, in return for curtains which served as ghosts during seance.

She led a pretty exotic life for Oklahoma, know everyone from Zen buddhists to young before she ever came to California.

"Being a waif, I just did what I wanted," said. "I was just a kid who went from here to there, acquainted with all kinds of people."

After the war, she and another young woman around the country taking a number of jobs, traditionally done by women in an Oklahoma, which she considered tougher than any. Like countless women before her, she pulled of the guts of newly-killed cows as they lay line.

Before she was 25, she had also attended College (started by leftist teachers who left of Chicago for political reasons), worked as an engineer in Kansas City, gotten married and entered UC-Berkeley.

At 25, she married again and in time had three children. Her second marriage was successful, cause her husband "never tried to pin me down."

Asked if that meant he let her work forward and said emphatically "no one ever thing — I've done what I wanted all my life."

Since her marriage, Miltenberger has grade, written teaching programs and film, developed simulation games and constructed a home.

Miltenberger said that working in the "opened doors for women. It made them could do anything."

After the war, she said, "the girls, out of and guilt, gave up their jobs and got married, had babies en masse, but (their war experience) there. They weren't quite the same people as their children differently."

"They weren't inclined to tell their girls and be housewives."



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KODAK DISC 6000 Camera	6000 Camera	\$65.97
KODAK DISC 8000 Camera	8000 Camera	\$99.87

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North Berkeley Centre
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Berkeley 94712
(415) 848-7003

Learning to fix plumbing & wiring

ALBANY — Two short home maintenance courses for adults with little or no electrical or plumbing experience will be offered by Albany Adult School this summer.

"Basic Plumbing" will present helpful information about water emergencies, unclogging drains, faucet repairs, toilet flush valves, pipe types and fix-it-yourself tips.

The three-meeting course will begin at Albany High School from 7 to 9 p.m. on Tuesdays starting July 13.

"Basic Wiring" consists of do-it-yourself lectures and demonstrations about switches, shorts, plugs, outlets, hazards, small appliance repair, breakers, cord and plug-repairs.

The three-meeting course will begin at Albany High School from 7 to 9 p.m. starting Thursday, July 15.

Tuition is \$14. For registration or other information, call Albany Adult School office at 526-6811.

More dance-exercise classes planned at Y

ALBANY — The Albany YMCA is adding two evening classes to the Y's danceexercise program this summer. Teenagers are welcome.

Danceexercise classes will be offered 9:30-10:30 a.m. Monday, Wednesday and Friday; and Tuesday and Thursday evenings from 7-8 pm.

Jane Farnsworth is the instructor.

The YMCA's Danceexercise program combines exercise, dance and music to develop a person's cardiovascular system, tone muscles and lose weight.

The classes consist of choreographed exercise to music with a 15 minute warm-up to guard against injury; a 30-minute aerobic work-out to develop the cardiovascular system, tone muscles and lose weight; and a 15 minute cool-down emphasizing muscular endurance, flexibility and relaxation.

For more information, call 525-1130.

Police beat

ALBANY — The Albany Police Department reported 50 arrests for the two weeks from June 12 to June 27, including three arrests for battery, two for driving under the influence, two for assault and a juvenile arrested for burglary.

Among those people arrested were the following:
• Charles Theodore Iverson, 22, of Albany, on June 12, for carrying a concealed weapon in a vehicle. Bail was set at \$500. Iverson was eventually released.

• Glen Allen Frederick, 32, of El Cerrito, on June 14, for battery and public intoxication. Bail was set at \$5,500. Frederick was transported to Berkeley Albany Municipal Court.

• James Samuel Brown, 22, of Albany, on June 19, for battery. Brown was held under citizen's arrest until Albany police officers arrived at the scene. He was transported to Berkeley Albany Municipal Court.

• William Eugene Bratton, 47, of Oakland, on

June 19, for driving while under the influence. Bratton had one prior conviction, and bail was set at \$1,550. He was released on bond.

• Brian Timothy Vanek, 28, of Albany, on June 20, for battery and resisting public officials in the course of their duty. Bail was set at \$1,500, and Vanek posted 10 percent cash bail and was released.

• A 13 year old Berkeley boy, on June 21, for burglary. He was transported to juvenile hall.

• Anthony Bral Jr., 37, of Albany, on June 24, for battery. Bail was set at \$1,500. Bral was released on bond.

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Black Velvet
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Christian Brothers
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Henry Wienhard \$219
6-12 oz. Bottles
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6-12 oz. Cans
Michelob \$225
6-12 oz. Bottles
Long Neck Beer \$892
Returnable Bottles
Bud, Miller, Coors, Long Star
or Miller Lite. 24-12 oz. bottles

Popov Vodka
1.75 Liter
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Coca Cola
Tab or Sprite
6-12 oz. Cans

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Liquor Barn

Vodka

Smirnoff Vodka	1.75 Liter	\$9.98
Popov Vodka	Liter	\$4.99
Wolfschmidt Vodka	Liter	\$5.48
Gilbey's Vodka	1.75 Liter	\$8.19
Kaviana Vodka	1.75 Liter	\$6.96
Rasnoff Vodka	70 Proof Diluted 1.75 Liter	\$6.28
Potato Vodka	80 Proof 750 ml	\$9.98
Stolichnaya Vodka	100 Proof 750 ml	\$10.98

Rum & Tequila

Bacardi Silver or Amber	1.75 Liter	\$9.99
St. Elmo Light or Gold	1.75 Liter	\$7.98
British Navy Pusser	95.5 Proof 750 ml	\$13.49
Mt. Gay Eclipse	750 ml	\$8.98
Jose Cuervo White	750 ml	\$5.98
Senorita White or Gold	Liter	\$5.28
Gusano Rojo With the Worm	750 ml	\$10.98

Bourbon & Blends

Ancient Age	1.75 Liter	\$10.39
Yellowstone	1.75 Liter	\$9.98
Ten High	1.75 Liter	\$9.98
Old Crow	1.75 Liter	\$9.98
Seagram's 7	1.75 Liter	\$11.98
Kessler Blended Whiskey	1.75 Liter	\$9.98
Coldbrook Blended Whiskey	1.75 Liter	\$8.28

Gin

Beefeater's Gin	Imported 94.4 Proof 750 ml	\$8.48
Christies Gin	Imported 94.4 Proof 750 ml	\$6.98
Tanqueray Gin	Imported 94.4 Proof 750 ml	\$6.39
Seagram's Gin	80 Proof 1.75 Liter	\$10.78
Gordon's Gin	80 Proof Liter	\$6.77
Stanton's Gin	90 Proof Liter	\$4.65

Scotch

Chivas Regal	12 Year Old 750 ml	\$13.99
Cutty Sark	86 Proof 750 ml	\$8.98
Hedges & Butler	Bottled in Scotland 80 Proof Liter	\$6.98
Old Smuggler	86 Proof 1.75 Liter	\$10.98
Dunlvet	86 Proof 1.75 Liter	\$9.98
Scotia Royale	12 Year Old 1.75 Liter	\$16.98

Cognac & Brandy

Remy Martin V.S.O.P.	750 ml	\$19.95
Courvoisier V.S.	750 ml	\$13.49
Bisquit V.S.	750 ml	\$10.98
Marc Roger Brandy	French Liter	\$7.99
Korbel Brandy	1.75 Liter	\$12.98
Christian Brothers Brandy	Liter	\$7.98

Liqueurs

Bailey's Irish Cream	750 ml	\$11.98
Kahlua	750 ml	\$8.48
Campari	750 ml	\$8.67
Hiram Walker Peppermint Schnapps	Liter	\$5.98
DeKuyper Green Menthe	750 ml	\$5.29
Senorita Triple Sec	750 ml	\$3.29

The Liquor Barn Carries Over 300 Domestic & Imported Liqueurs.

Canadian & Irish

Seagram's V.O.	750 ml	\$7.98
Canadian Club	750 ml	\$7.98
Canadian Mist	Liter	\$6.87
Canadian Hill	1.75 Liter	\$8.98
Old Bushmill Irish	750 ml	\$8.99

Items and prices available at above store Wednesday, June 30, 1982 through Tuesday, July 6, 1982

Liquor Barn

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Clos du Bois	Silver Winner Marquette 1978	750 ml	\$12.48
Montevina	Silver Winner 1978	750 ml	\$5.58
Pine Ridge	Silver Winner 1979 Rutherford	750 ml	\$7.98

Chardonnay

Raymond	Gold Winner 1980	750 ml	\$11.27
Clos du Bois	Silver Winner Alexander Valley 1980	750 ml	\$6.82
Clos du Bois	Silver Winner Barrel Fermented 1980	750 ml	\$17.55
Robert Mondavi	Silver Winner 1980	750 ml	\$10.98
Chateau St. Jean	Silver Winner 1980	750 ml	\$10.39
Conn Creek	Silver Winner 1979	750 ml	\$9.75

Sauvignon Blanc

Montevina Amador	Gold Winner 1981	750 ml	\$6.25
Christian Bros.	Gold Winner Napa Fume N.V.	750 ml	\$4.51
Napa Wine Cellars	Gold Winner 1981	750 ml	\$7.08

Pinot Blanc

Mirassou	Silver Winner White Burgundy 1981	750 ml	\$3.77
Monterey Vineyards	Gold Winner Pinot Blanc 1979	750 ml	\$3.88

Petite Sirah

Wente Brothers	Gold Winner 1979	750 ml	\$3.63
J. Lohr	Gold Winner 1978	750 ml	\$5.48

Pinot Noir/Gamay Beaujolais

Pedronocelli	Gold Winner Pinot Noir 1979	750 ml	\$3.44
Fetzer Gamay	Gold Winner 1981, Gold Winner Beaujolais Mendocino	750 ml	\$3.25

Zinfandel

Raymond	Gold Winner 1979	750 ml	\$6.99
Montevina	Gold Winner 1980 Montino	750 ml	\$3.95
Christian Bros.	Gold Winner Non-Vintage	750 ml	\$3.86

Chenin Blanc

Beringer	Gold Winner 1981	750 ml	\$3.69
Raymond	Gold Winner 1980	750 ml	\$5.66
Gallo	Silver Winner Non-Vintage	750 ml	\$2.26

Johannisberg Riesling

J. Lohr	Gold Winner 1981	750 ml	\$4.79
Taylor California	Silver Winner Non-Vintage	1.5 Liter	\$3.99

Liquor Barn Stocks over 2,000 Wines from 250 Wineries.

Jug Wine Values

The Liquor Barn has the Best Jug Prices in Town All at Discount Prices.

Carlo Rossi	Chablis, Burgundy, or Rhine	4 Liter	\$3.99
Almaden	Chablis, French Colombar, Burgundy or Rose	4 Liter	\$5.67
Sebastiani	Chablis, Burgundy, Rose or Pink Chablis	4 Liter	\$5.35

Taylor California Cellars	Dry White or Dry Red	4 Liter	\$4.77
Paul Masson	Chablis, Burgundy Rose	3 Liter	\$5.69

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Schools budget awaits word from Sacramento

ight now, it's last year's budget plus inflation

By STEPHEN BUEL

ALBANY — As required by state law, the Albany School Board has approved a tentative budget for the 1982-83 school year, but board members said they were aware of the futility of passing a budget before they know the district's income for the coming year.

Passage of the preliminary budget is essentially a pro forma measure, designed to comply with a state law that the school board must approve a budget by the 30th of May. The budget which was approved is really nothing more than last year's budget adjusted for inflation. The board will begin working on a preliminary budget for pas-

sage by July, and should complete work on the final budget by September.

As with the City Council, it is difficult for the school board to hone a final budget until the state legislature completes work on the governor's proposed budget. In the past, that budget has contained money earmarked for school districts.

In other action:

• The board voted to pursue the creation of a private, nonprofit, tax exempt educational foundation for fundraising purposes. Such foundations are an outgrowth of state laws which have restricted the abilities of school districts to raise money on their own.

Superintendent Stephen Goldstone said that such a

foundation could be an asset to the district. One of the advantages of private school foundations is that donors who cannot make tax-exempt donations to the school board can make tax-exempt donations to the foundation.

Debbie Fraser, secretary to the superintendent, said creation of a private foundation would probably reduce the number of separate fundraising drives for individual school projects, in favor of one or two coordinated drives.

• The school board approved a plan to contract with the Berkeley-Albany YMCA for before-and-after school child care services at the Marin School next year. The YMCA proposal was recommended by Goldstone over another proposal from the Tantau-Tuller Corporation.

The YMCA has operated an after school "Kids Club" for the last three and a half years at five sites in Albany and Berkeley. Goldstone wrote that expansion of the program is needed because of its continued growth at the

other five sites.

The program was approved with minimal discussion, which centered around board members' concern whether the YMCA has the same goals as the board.

• The board voted to request from the State Department of Education a waiver to permit the school district to establish a competency-based driver training program.

The state has been authorized to approve such programs, which would award students driving certificates based upon their driving skill rather than a specified number of hours of driving time. The program would also permit parents to assume some of their children's driver training instruction.

• The school board voted approval of a contract for a new phone system with Western Business Communications, of Berkeley. The system is expected to save the city approximately \$350 a month, and should be completely paid for within five years.

Briefs

Study investigates single fathers

Parents Without Partners, Inc., has been awarded a grant to study fathers who are raising their children alone following separation or divorce. This project will be the first national research sample on the subject.

Parents Without Partners is a non-profit, educational organization dedicated to the welfare and interests of single fathers and their children. In its 25th year, the organization provides mutual help and has served as an "extended family" for nearly a million adult members and children.

The number of fathers raising children is estimated to be about 20 percent of male members, much higher than the percentage given by U.S. Government statistics as a national average.

The project involves a questionnaire that has been designed to reveal what supports were/are effective in helping fathers with sole, full-time custody of at least one 10-years-old or younger. The research investigator, Dr. J. Greif, MSW, ACSW, is a doctoral candidate at Columbia University School of Social Work.

The questionnaire will be featured in the May issue of "Single Parent" magazine (circulation 206,000) and copies of the questionnaire are available on request from: Parents Without Partners, Inc. Call toll-free 800-638-

Read this very fast

ALBANY — Two speed reading and comprehension training programs are being offered by the Albany Recreation Department.

The first program, for youngsters 11 to 15 years old, teaches reading process and comprehension skills.

The average student increases reading comprehension from one to three grade levels, while more than doubling reading speed.

The second program, for students 15 and older and adults, will teach you to read two to four times faster in academic and professional reading material, while significantly improving comprehension, concentration, and recall.

For information call 644-8514.

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Information
Please

Gordon Bull (left), operations manager in the San Francisco north operations center of American Telephone and Telegraph Company, explains to John Ennick the intricacies of controlling the flow of long distance calls made by northern California telephone customers. Ennick, a student at El Cerrito High School, was an award winner in the student exposition on energy resources sponsored by the National Energy Foundation.

Mail bag

Nuclear blackmail?

(Continued from Page 12)

to reduce nuclear terror. To ignore those responsible is to serve their purpose — tragically KGB and other Soviet agents receive cooperation from certain U.S. citizens working for a Soviet America. Such increases U.S. vulnerability.

Terror threats will persist until USSR nuclear superiority is dissipated — by the USSR reducing its nuclear superiority (in response to world pressure) or by the free world producing bargaining strength and a more stabilizing balance.

Clearly the Reagan administration prefers the former and U.S. citizens should support the President in his work to balance and reduce nuclear armaments.

Many who know life in the USSR prefer death. Numerous suicides occurred among the approximate two million Gen. Eisenhower helped forcibly repatriate to the USSR following Stalin's demand at the close of World War II. In the unlikely event that a Soviet nuclear strike upon the U.S. ever occurs, at least those responsible for U.S. exposure probably personally will reap what they have sown.

Very truly yours,
Dr. John Hartford
Kensington

Dog wars, chapter 4

Kudos to Margaret Morley for having the guts to speak the unspeakable about irresponsible dog owners (Mail Bag, May 9). Little does she know,

perhaps, that she's not alone in her struggle to persuade some insensitive dog owners to consider not only their own pleasure and convenience but also the sleeping schedule, health, frazzled nerves, and sensibilities of their neighbors and the needs of their dog.

Aside from food, water and shelter, dogs need companionship and attention (not inattention alone in the back yard all day while the owner is off working or playing), daily exercise (around the block under supervision, or to any one of several authorized dog runs), and rabies and other shots. Neighbors are entitled by state and local laws to the absence of unnecessary noise (persistent barking for whatever reason, even during the daylight hours, so as to bother any person, is not only inconsiderate but illegal in most places).

And, obviously dog owners who choose to deny or ignore the fact that their dog may bite, raid garbage cans, or spoil lawns and sidewalks at will, are not very good neighbors...and are also letting an otherwise lovable dog commit a crime for which the owner is, by law, responsible.

People who are victims of the not-very-nice-neighbors problem often don't know what to do to get relief. Doing anything at all, rather than just being a good sport about it all, takes time and energy, and can lead to bad feelings over the back fence. The innocent persons in such situations may be subject to vilification by the guilty party, instead of the recipient of an apology, and may be labeled eccentric, even by their friends.

But why should the innocent party be forced to move away, as Ms. Morley was, or to spend time and energy defending their right to peace, quiet, and clean sidewalks? After all, it is not illegal to be eccentric, but it is illegal to

further the anti-social behavior of one's pet, unwittingly or wittingly. (Persons who interpret the recent run of letters to the editor as part of an anti-dog campaign miss the point; they are written by dog aficionados as part of an anti-irresponsible-dog-owner campaign.)

Readers who need advice on available, civilized and legally acceptable remedies, should friendly persuasion in their neighborhood prove ineffective, may request more information from or become a member of an East Bay group of fed-up citizens called FIDO (Foes of Irresponsible Dog Owners). Write Box 1138, 2000 Center St., Berkeley 94704.

Sincerely,
Warren W. Jones
Albany

Briefs

Library aids kids finding summer fun

ALBANY — Summer activities for children in the Albany area include classes, day camps, field trips and sports.

Consult the "Ideas for Summer Fun" binder at the Albany Library, 1216 Solano Ave. The binder, located in the children's room, contains dozens of flyers and brochures from parks, recreation centers and museums.

It lists classes in art, music, drama, dance, science and sports and gives hours for local swimming pools and athletic facilities. Most of the material pertains to local offerings, with a few brochures from unique places such as the Exploratorium and the Alexander Lindsay Museum.

BART and AC Transit maps are included in the binder.

Historic tour set

The best maintained and most representative of Julia Morgan's buildings in the East Bay, the Berkeley City Club, 2351 Durant, is an Historical Landmark and is listed in the National Registry of Historic Places.

Built as a meeting place for civic women's groups, the Berkeley City Club was promoted and financed by women and its architect was a woman.

Architectural tours will be open to the public on Sunday, June 27, from noon to 5 p.m. Admission is \$1.50 per person. For more information call 848-7800.

Kids learn about acting

EL CERRITO — Registration is now in progress for summer drama classes (Pocket Division) of the Contra Costa Civic Theatre.

These onstage acting classes for children ages 7-12 were begun by CCCC in 1959. Laura Pratty and Mark Patino will direct.

All classes are held at the Contra Costa Civic Theatre, 915 Pomona Ave. in El Cerrito. Registration is \$20 per child for the six week class.

For more information call 232-6537.

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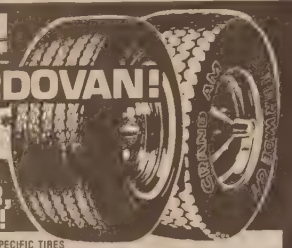
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SIZE	SALE EA.	EA. IN PRS.	EA. IN SETS OF 4
A78-13	25.99	23.99	21.99
B78-13	30.99	28.99	26.99
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E78-14	37.99	35.99	33.99
F78-14	38.99	36.99	34.99
G78-14	40.99	38.99	36.99
H78-14	41.99	39.99	37.99
G78-15	41.99	39.99	37.99
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SIZE	SALE EA.	EA. IN PRS.	EA. IN SETS OF 4	SIZE	SALE EA.	EA. IN PRS.	EA. IN SETS OF 4
B60-13	44.99	42.99	40.99	A70-13	40.99	38.99	36.99
B60-14	51.99	49.99	47.99	D70-14	46.99	44.99	42.99
F60-14	54.99	52.99	50.99	E70-14	48.99	46.99	44.99
G60-14	56.99	54.99	52.99	F70-14	49.99	47.99	45.99
F60-15	56.99	54.99	52.99	G70-14	50.99	48.99	46.99
G60-15	57.99	55.99	53.99	G70-15	53.99	51.99	49.99
L60-15	65.99	63.99	61.99	H70-15	54.99	52.99	50.99
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SIZE	SALE EA.	EA. IN PRS.	EA. IN SETS OF 4	SIZE	SALE EA.	EA. IN PRS.	EA. IN SETS OF 4
P205/60R13	57.99	55.99	53.99	B70-13	54.99	52.99	50.99
F60-14	65.99	63.99	61.99	P205/70R14	59.99	57.99	55.99
G60-14	67.99	65.99	63.99	F70-14	62.99	60.99	58.99
F60-15	69.99	67.99	65.99	G70-14	66.99	64.99	62.99
L60-15	75.99	73.99	71.99	B70-15	68.99	66.99	64.99
				M70-15	71.99	69.99	67.99
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Plus F.E.T. from \$1.70 to \$3.52 and EXCHANGE

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9-15(4 PR) **65.99**
10-15(4 PR) **78.99**
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WILD COUNTRY ON/OFF ROAD X/T O.W.L.

10-15(4 PR) **70.99**
12-15(6 PR) **83.99**
12-16(5 PR) **99.99**

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Plus F.E.T. from \$2.71 to \$8.84 and EXCHANGE.

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27x8.50R14(6 PR) **77.99**
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31x10.50R15(6 PR) **107.99**
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33x12.50R15(6 PR) **123.99**
950R16.5(8 PR) **102.99**

Plus F.E.T. from \$2.71 to \$8.84 and EXCHANGE.

RADIAL LT-RV HWY. POLY/STEEL

L78-15LT(6 PR) **84.99**
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THE Annual report of the California Committee on Pesticides is available for inspection at 1057 Solano Ave., Albany 94706

LOST 010

THE Australian Shepherd, gray with black spots, Reward 724-0655.

LOST African grey parrot, 6/27, "Dorian." Large reward, 845-2142.

Wienermeyer pup, fem, 7 mos, red collar, 10 m. Reward, 233-0023.

ENGLISH Sheepdog, male, June 12, Solano Ave & San Pablo, Alb. Please call 526-2004.

REWARD LOST DOG. Golden Retriever, male, 1 yr. McGee & Dwight, Berk. 848-7955.

LOST: Little kitten, female, mostly white w/calloo callos, black flea collar. Vicinity El Cerrito. Call 527-7864.

FOUND 011

FOUND on Unit 4, Berk. Brown/white puppy, 1 brown eye, 1 white eye. 548-7794.

1366 Exposure roll Kodak, 40 film exposed, for the China Station parking lot. 848-0949.

PUPPY, female, Sat., 6/26, black & white, approx 5 mos. Taken to Berk. Animal Shelter.

GERMAN Shepherd pup, male, SP Dam Red next to Denny's, no collar. 236-7310.

PERSONALS 025

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San Ramon 828-7510 Oakland 261-5858

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A banking career begins at Teller Training Institute, 409 J. K. Haywood, 886-8868. San Jose, (408) 241-4300.

APT MGR for 10 bldg, mature, married, exper. refs. 848-8365

APT, Manager, 9 units, El Sobrante. Mature, experienced couple preferred. Reduced rent on 2 bldg apt. Write Box 200, 5 The I & G 164 Harbour Way, Rich. 94801.

AUTO mechanic foreign cars, exper., Berkeley, 649-0852

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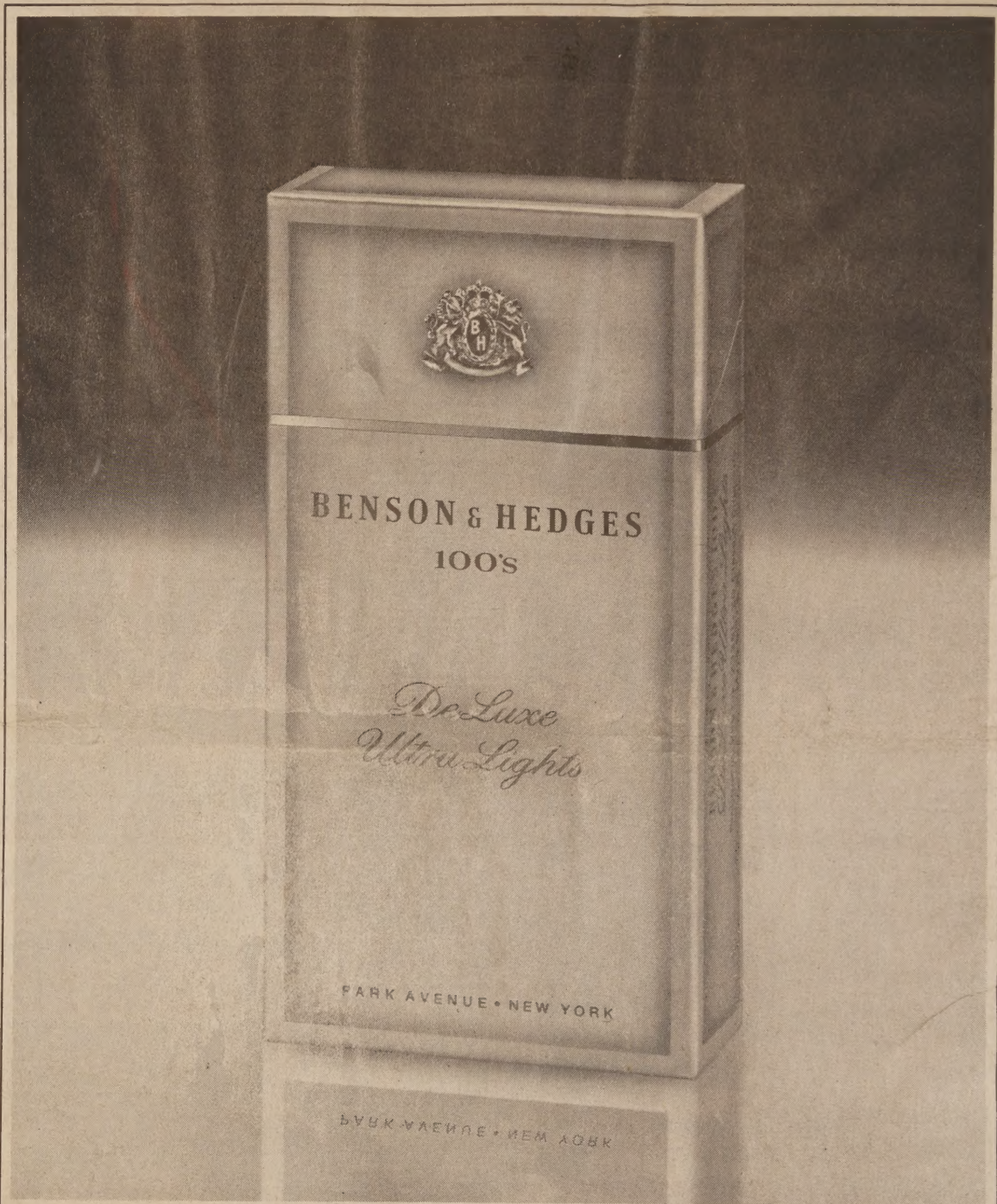
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